





"IN GALILEE ... there's a great light"

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### Church Theme Verse 2023: Luke 14:23

"And the Lord said unto the servant, **Go out** into the highways and hedges, and compel them to come in, **that my house may be filled**."

Pastor	:	Rev Dr Simon Nagarajan	9858	4865
Associate Pastor	:	Rev Freddy Yong (MWS)	8309	8157
Advisory Pastor	:	Rev Philip Heng	9792	9183
Ministry Staff	:	Pr David Cher	9737	9150
	:	Dness Lee May San	9618	9160

Isaiah 6:1-8

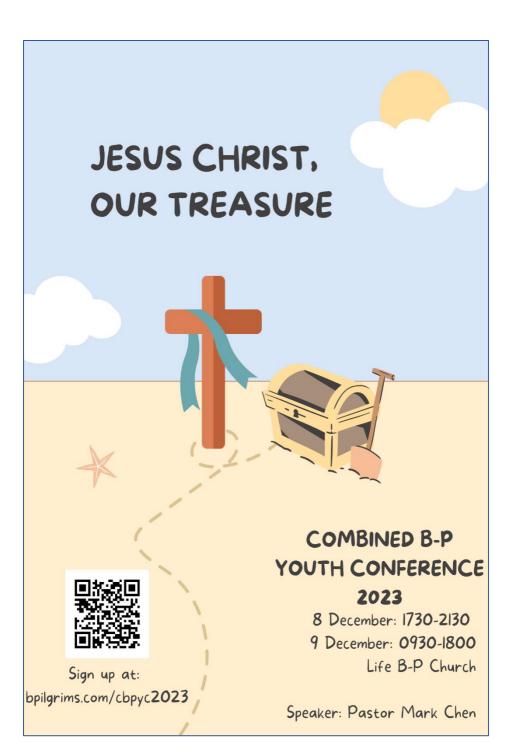
## STUDENT'S DAY ORDER OF WORSHIP Lord's Day, 8 October 2023, 9.30 am

PRELUDE		Pianist: Miss Adeline Lee / Organist: Miss Diana Chan
<b>INTROIT</b> #216	"The Lord Is In His H	bly Temple"
CALL TO WORS	HIP	Dn Joseph Tai
PRAISE & WOR HYMNS #553 - - #705	"Nearer, My God, To "Yet Not 1 But Throug "As Pants The Hart Fo	h Christ In Me" r Cooling Streams"
INVOCATION		
GLORIA PATRI	#812 "Glory Be To Th	e Father"
SCRIPTURE REA	ADING [Responsively] P	salm 5:1-12 Mr Ian Ling
<b>OFFERINGS &amp; T</b>	ITHES	
DOXOLOGY #81	5	
(Creche/Nursery/Kin	dergarten/Primary children	eave for Sunday School)
PASTORAL PRA	YER	
MESSAGE:		<b>head With God"</b> Preacher David Cher shua 3-4
CLOSING HYMN	l #727	ictory"
BENEDICTION 8	& 3-FOLD AMEN	
ANNOUNCEMEN	ITS	
POSTLUDE		
WE	LCOME	GALILEE MANDARIN WORSHIP SERVICE 9.15 am
	orship Service & ast Live on	Preacher: Rev Freddy Yong Message: "Prophet Isaiah"

Galilee Website

# **THE WEEK** 9 Oct – 15 Oct 2023

Wednesday 11 Oct	7.30 pm	Bible Study/8.30pm Prayer Meeting Pastor Simon Nagarajan The Book of Nehemiah Zoom ID: 605 758 5352; Password BS/PM Rev Philip Heng The Gospel of Mark https://meet.google.com/hjx-pkcp-dye?hs=151 Dness Lee May San (Ladies' BS) The Book of Ephesians Zoom ID: 815 6829 8000; Password WEDLADBSPM
Saturday 14 Oct	1.30 pm	<b>CF/JF</b> – About Property I/C: Sis Jess Tai
	3.45 pm	<b>TF/YF</b> – Games Day I/C: Sis Christy Heng
Lord's Day 15 Oct	9.00 am	Pre-Worship Prayer Meeting (on-site only)
10 000	9.15 am	MANDARIN WORSHIP SERVICE [On site & available on Galilee Website same day evening]
		Preacher: Rev Ho Tsu Yoke (Gerizim BPC) Message: "Godless Believers" Judges 3:7-11
	9.30 am	ENGLISH WORSHIP SERVICE [On site & Live Broadcast available on Galilee Website]
		Chairman: Dn Kenneth Wong Worship Team Leader: Dn Samuel Lim Scripture Reader: Bro Marcus Ho (Psalm 6:1-10) Preacher: Rev Dr Simon Nagarajan Message: "Standing Firm In Perilous Times" 2 Timothy 3
	9.30 am	<b>YOUTH WORSHIP SERVICE</b> Speaker: Bro So-Year (Singapore Bible College) Message: "Playing It Safe?" Romans 12:1-2; Colossians 2:1-3; Luke 9:23
	11.00 am 11.00 am	All Sunday School Classes on-site Crèche/Nursery/Kindergarten 1 & 2/Primary 1-6 Secondary/Senior Class Senior Adults [Rev Ong Hock Khee] Adults [Rev Dr Simon Nagarajan]
	1.30 pm	Session Meeting @ Church Library



3 WAYS TO GIVE OFFERINGS & TITHES		Attendance	
PayNow Transfer	S86SS0054ABPC DBS CURRENT A/C: 002-010622-1 GALILEE BIBLE PRESBYTERIAN CHURCH QR code	Worship Service 1 October 2023 (Online) (In-Person) • Pre-Worship Prayer Meeting • Sunday School	282 63 219 3 38
Scan	GALILEE BIBLE PRESBYTERIAN CHURCH	Mandarin Worship Service 1 October 2023	30
		Wed Bible Study 4 October 2023	31
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## **Church Announcements**

- 1. Flowers Contribution today: Sunday School
- 2. Flower contribution slots available on 15 October and 29 October 2023.
- 3. **Medical leave** Rev Freddy Yong on medical leave until 16 October 2023.

# Looking Up When Feeling Down

Preacher David Cher, Lord's Day, 8 October 2023

eloved Brethren,

Greetings in the Precious Name of our Lord and Saviour Jesus Christ. God has indeed created us to be persons of feelings, emotions, and passions. As such, we experience and are often led by them, whether positively or negatively. In like manner, our hearts are described as the center of our entire beings, including our feelings, emotions, and passions. It is thus important that we learn how to effectively manage and handle the emotional and spiritual lows in our lives.

It is surely in the stormy and turbulent seasons of our lives that we tend to panic and are tempted to turn to our paths and devices of escape, which in the end prove to be inadequate. Let us thus mould our lives according to God's Word and not vice versa (Eph. 4:4 "... tossed to and fro, and carried about with every wind of doctrine..."; 2 Tim. 4:3 "... heap to themselves teachers, having itching ears"). Our sure and unshakable anchor must also be found in God (Heb. 6:19-20 "We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek").

In Psalm 42, we are given certain instructions by the sons or descendants of Korah. These Korahites belonged to the Levites who composed and performed music within both the Tabernacle in the wilderness as well as the Temple in Jerusalem. But from verse 6 "O my God, my soul is cast down within me: therefore will I remember thee from the land of Jordan, and of the Hermonites, from the hill Mizar", we can feel the implications of this particular Levite lamenting or crving out bitterly about him being physically away from the public worship in Jerusalem. In addition, it may be that the author of this psalm was also feeling overwhelmed by his current negative and pressing circumstances (Ps. 42:7 "Deep calleth unto deep at the noise of thy waterspouts: all thy waves and thy billows are gone over me"; v. 9b-10 "... why go I mourning because of the oppression of the enemy? As with a sword in my bones, mine enemies reproach me; while they say daily unto me, Where is thy God?").

The beginning verse of Psalm 42 "As the hart panteth after the water brooks, so panteth my soul after thee, O God", and the ending verse "Why art thou cast down. O my soul? and why art thou disquieted within me? hope thou in God: for I shall vet praise him, who is the health of my countenance, and my God" remind us to sustain and develop our spiritual appetite such that we are always finding hope in Him. Let us focus on spiritual things that matter instead of temporal earthly things (Col. 3:1-2 "If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth"). We are also reminded not to be like the rich fool mentioned in Luke 12:16-21 whose mind and attention were constantly focused on hoarding and multiplying the material things and riches of this world.

Not only we are to find our hope in God, we are also to remind ourselves of the positive past joyful encounters and experiences that we had with our Almighty God (Ps. 42:4). These past divine encounters and experiences would surely remind us of His steadfast faithfulness toward us (Lam. 3:22-23 "Because of the Lord's great love we are not consumed, for His compassions never fail, They are new every morning; great is Your faithfulness"). This would then enable not to always remain dwelling in the deep trenches of our emotional and spiritual lows, but be able to uplift our hearts in Him (Ps. 42:5b "... hope thou in God: for I shall yet praise Him for the help of His countenance"; Lam. 3:41 a-b "Let us lift up our hearts and our hands to God in heaven ... ").

Let us allow Him to lead us in all seasons whether on the highs of the mountains or the lows of the valleys (Ps. 23:4-6). God bless!